

Clear Harbor modalities & tools

A few of the modalities and tools I will be referencing and using to support Clear Harbor groups.

Intergroup & small group Dialogue practices

- David Bohm, On Dialogue (1996) - [piece here](#)
- Harold Saunders, (1999) A Public Peace Process: Sustained Dialogue to Transform Racial and Ethnic Conflicts, Chapter 5, The Dialogue Process

Facilitation & coaching tools, especially:

- Brain writing & reflection spaces – having time in quiet to write and think before speaking
- Laser speak – taking time to compose thoughts, and offer shorter, more direct answers
- Round robins – going in a circle, assuring everyone has an opportunity to speak before continuing
- Pauses – slowing down, allowing

Applied theater: Theater of the oppressed, Augusto Boal & play back theater

Emerging strategy by adrienne maree brown

- The book here & core principles [here](#)

Belonging research - [john a. powell](#) & Othering and Belonging Institute's work

Racial justice & healing work, including:

- Leticia Nieto's work
- Milagros Phillip's work
- bell hook's work & writing
- Equity in the Centers "Awake to Woke to Work" framework
- Kenneth Jones & Tema Okun's work
- David W. Campt

Communication & listening work, especially:

- Crucial conversations, Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler, Stephen R. Covey
- Radical alignment, by Alexandra Jamieson & Bob Gower
- Fierce Conversations, by Susan Scott
- Emotional Intelligence 2.0

Clear Harbor modalities & tools, continued

Vulnerability & empathy research, especially:

- Brene Brown's work

Leading with strengths, especially:

- StrengthFinders books & research

Meditation

Liberating structures

- "The Surprising Power of Liberating Structures" Henri Lipmanowicz & Keith McCandless

Motivational Interviewing modified for coaching relationships